

2009-10 SHIELD FINAL

37

SATURDAY 13 FEBRUARY 2010

RIESCHIEKS RESERVE, DONCASTER

Corner of Victoria & George Streets, Doncaster (Melway Ref: 33 J11)

Track Events

1:00pm	400m Hurdles			
1:00pm	3000m Walk / 1500m Walk	(2 heats)		
1:40pm	200m Hurdles			
2:15pm	800m			
3:45pm	200m			
5:15pm	5000m	(2 heats)		
6:00pm	3000m	(2 heats)		
6:35pm	4x400m			
8:00pm	Finish			

Field Events

	Hammer	Long Jump	Shot Put	High Jump
1:00pm	W1/W2	M1	M18/M20	M14/M16
1:15pm				
1:30pm				
1:45pm		W1	M2	M3/M40
2:00pm				
2:15pm	M16/M18/M20			
2:30pm		W2	W18/W20	
2:45pm				
3:00pm				W14/W16
3:15pm	M1/M2	M18/M20	M40	
3:30pm				
3:45pm				W1/W2
4:00pm		M14/M16	M3	
4:15pm				
4:30pm	W16/W18/W20			
4:45pm		M3	M1	
5:00pm				M18/M20
5:15pm				
5:30pm	M3/M40	W18/W20	W14/W16	
5:45pm				M1/M2
6:00pm				
6:15pm		W14/W16	M14/M16	
6:30pm				
6:45pm	Finish			
7:00pm		M2	W1	W18/W20
7:15pm				
7:30pm				
7:45pm		M40	W2	Finish
8:00pm				
8:15pm				
8:30pm		Finish	Finish	

This program is based on MOP1 having 6 Metro teams, MOP2 & MOP4 having 6 Metro and 3 Country Teams, MOP3 having 6 Metro and Ballarat, FOP1 having 6 Metro Teams, FOP2 having 6 Metro teams and 3 Country teams, ALL Under Age having 6 Metro and 3 Country Teams.

Victorian Championships

Shield Competition

Specialist Groups

General Information

Club Contacts